



Maclumaad ku saabsan qashinka iyo qashinka dib loo burburiyo

Waxaanu ka uruurinaa gurigaaga noocyada qashinka qaar ku dhawaad todobaad kasta. Jadwalka hoose waxa uu muujinayaa nooca qashinka ee aanu uruurino todobaad kasta.

QASHINKA QOYSKA WAXAA LOO KALA QAYBIYAA SHAN QAYBOOD:

- qashinka cuntada
- bushqada quruuradaha iyo birta
- waraaqaha/kartoonada/booskaadhada
- bacda wax lagu qaado
- qashinka guud (diidmo)

Kala saarista qashinka ayaa muhiim u ah si loo yareeyo saamaynta xun ee ay ku leeyihiin deegaanka iyo si sida wanaagsan loogu isticmaalo wixii hore loosoo saaray. Waxaa sidoo kale daruuri ah in la xaqiijiyo in ay kuu banaan tahay wax kugu filan qashin qubkaaga.

Waa inaad heli karto weelka qashinka ee qayb kasta oo ku qoran halkan, marka laga tago wixii bacaha wax lagu qaato ah kuwaas oo lagu rido meel gaar ah oo aanu ku siinay.

Waxaa muhiim ah in kaliya bacaha deegaanka u wanaagsan oo kaliya loo isticmaalo wasakhda cuntada. Haddii aad u baahan tahay baco deegaanka u wanaagsan, kaliya waxa aad ku xidhaa bac qashin qubkaaga cuntada, oo waxa aanu kuu keeni doonaa baco cusub. Waxaa sidoo kale macquul ah in laga helo bacaha deegaanka u wanaagsan xarumaha qashin qubka ama xarunta adeega Dawlada Hoose.

Waxa aad sidoo kale dalban kartaa kartoon cas oo loogu talo geley qashinka sunta ah sida baytaryada, ranjiga, guluubyada laydhka, iyo aaladaha elektorooniga ah ee yaryar. Marka uu kartoonku buuxsamo, waxa aad gaysaa xarunta la geeyo qashinka deegaanka.

Waxa aad sidoo kale aad keeni kartaa ku dhawaad nooc kasta oo qashinada kale ah xarunta deegaanka ee qashinka la geeyo, iyada oo bilaash ah.

Tusaale ahaan, alaabta guriga, bushqadaha kartoonada waawayn, birta, alaabaadka korontada, qashinka dhismaha, qashinka beerta, imw.

Saacadaha ay furan tahay waxaa laga heli karaa websaytkeena: **hallingdalrenovasjon.no**

Ma uruurin doono wax qashin ah oo la dhigay meel ka baxsan qashin qubka. Maalinta la uruurinayo, biinka waa in la dhigaa ugu badnaan meel shan mitir u jirta meesha uu istaagayo gaadhiga qaadayaa. Barafka waa in laga masaxaa jiilaalka waxa aanu markaa si fudud u qaadi karnaa qashin qubka. Jay waa in loo dhigo haddii uu jiro baraf. Xagaaga, dhirta iyo dooga waa inayna xanibaynin qashin qubka ama gaadhiga.

Jadwalka Qaadida Qashinka Janaayo - Juun 2024

Janaayo										
TODABAAD		isniin	salaasa	arbaca	khamiis	jimce	sabti	axad		
1		1	2	3	4	5	6	7		
2		8	9	10	11	12	13	14		
3	/	15	16	17	18	19	20	21		
4		22	23	24	25	26	27	28		
5		29	30	31						

Febraayo										
TODABAAD		isniin	salaasa	arbaca	khamiis	jimce	sabti	axad		
5					1	2	3	4		
6		5	6	7	8	9	10	11		
7		12	13	14	15	16	17	18		
8		19	20	21	22	23	24	25		
9		26	27	28	29					

Maarso										
TODABAAD		isniin	salaasa	arbaca	khamiis	jimce	sabti	axad		
9						1	2	3		
10		4	5	6	7	8	9	10		
11	/	11	12	13	14	15	16	17		
12		18	19	20	21	22	23	24		
13		25	26	27	28	29	30	31		

Abril										
TODABAAD		isniin	salaasa	arbaca	khamiis	jimce	sabti	axad		
14		1	2	3	4	5	6	7		
15		8	9	10	11	12	13	14		
16		15	16	17	18	19	20	21		
17		22	23	24	25	26	27	28		
18		29	30							

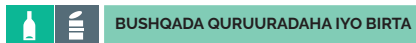
Maay										
TODABAAD		isniin	salaasa	arbaca	khamiis	jimce	sabti	axad		
18				1	2	3	4	5		
19	/	6	7	8	9	10	11	12		
20		13	14	15	16	17	18	19		
21		20	21	22	23	24	25	26		
22		27	28	29	30	31				

Juun										
TODABAAD		isniin	salaasa	arbaca	khamiis	jimce	sabti	axad		
22							1	2		
23		3	4	5	6	7	8	9		
24		10	11	12	13	14	15	16		
25		17	18	19	20	21	22	23		
26		24	25	26	27	28	29	30		

OGOW! Lama qaadayo qashinka Jimcaha, 17 Maay. Dhabadu waxay furan tahay Sabtida, 18 Maay.

Isniinaha: Nesbyen, Flå* and Krødsherad**
Salaasooyinka: Gol and Flå
Arbacooyinka: Hol and Krødsherad***
Khamiisaha: Ål
Jimcoyaasha: Hemsedal and Krødsherad****

* Dhabada cusub ee Isniinta ee Flå. Rv7 laga bilaabo xuduuda Nesbyen ilaa seerooga Bjørneparken. sida Stavnsgrut, Stavnsvegen iyo Øygårdsvegen wixii hadda ka dambeeya waxa la faaruqin doonaa ISNIINAHA!
 ** Isniin Krødsherad: Galbeed ka yimid Kryllingheimen - Ringnes - isgoyska Bråtastua.
 *** Arbacada Krødsherad: Hamremoens - Krøderen - Sigdal Gense
 **** Jimcaha Krødsherad: Flå border - seerooga Hamremoens - Redalen - Havikskogen



Hagaha kala-soocida - waa maxay iyo sidee?



QASHINKA CUNTADA

Qashinka cuntadu waxa aad ku shubtid bacaha ee lagu siiyey inta aan lagu dhex tuurin weelka qashinka cuntada ka hor.

 **HAA, MAHADSANID!**

- Cuntada hadhaaga ah
- Kalluunka iyo qolofleyda
- Qashinka khudaarta
- Kafeega
- Warqadaha jikada ee la isticmaalay iyo nabkinnada
- Rooti iyo alaabta la dubay
- Qoofa ukunta
- Miraha
- Alaabta caanaha

 **MAYA MAHADSANID!**

- Baakadaha
- Dambaska
- Qashinka beerta
- Dhirta dheriga
- Xafaayadaha iyo suufyada
- Dhagax iyo ciid
- Dhirta eeyaha iyo bisadaha
- Qashinka toobaagada iyo sigaarka
- Lafaha iyo maqaarka waaweyn ee hilibka
- Xaddi ka badan oo maraq/suugo ah
- Daawooyin
- Koobabka hal-mar ah

La uruurista waa 2dii isbuuc mar oo lagu daro qashinka haraaga ah



BAAKADHA CAAGGA AH

Baakadaha caaga ah ee guriga. Biyo raaci marka hore haddii loo baahdo.

 **HAA, MAHADSANID!**

- Bacaha caagga ah, bacaha, filim caag ah
- Bacaha roodhida caaga ah,
- Baakadaha wax lagu shubo iwm.
- Dhalooyinka iyo caagagga cuntada, saabuunta iyo daryeelka jidhka iwm.
- Dhalooyinka caaga ah ee cabitaannada aan lahayn dhigaal.
- Koobabka yoogarta iyo kareem iwm.
- Saxarada, koobabka iyo baakadaha khudaarta iyo miraha iyo hilibka, dheryaha ubaxa iyo saxarada

 **MAYA MAHADSANID!**

- Aan ahayn baakad ay ku jiraan qashinka khatarta ah
 - Caag adag
 - Jawaanno alwaax ah
- Tan waxa la geeyaa soo dhawaynta qashinka deegaanka.

Bacda u isticmaal caag dib loo celinayo!
Waxaa la bixiyaa sanadkii hal mar. Ku xir bacda oo hor dhig maalinta uruurinta.

La uruurista waa 4tii isbuuc mar oo lagu daro kartoonada/warqada



BAAKADHA DHALADA/BIRTA

Kaliya baakadaha dhalada iyo birta ah. Biyo raaci marka hore haddii loo baahdo.

 **HAA, MAHADSANID!**

- Dhalooyinka malmaalaadada
- Dhalooyinka
- Gasacadaha birta ee cuntada.
- Tuubooyinka codsiga
- Aluumiyada
- Gasacadaha cabitaanka ee aan loo celin karin dukaanka
- Daboolada ka samaysan birta
- Foomamka aluumiyada

 **MAYA MAHADSANID!**

- Foosto
- Dhoobo
- Dhalooyinka laga cabbo
- Crystal
- Muraayad
- Saxamanka foornada la gali karo
- Daaqadaha
- Digsiyada iyo birtaawada
- Cidiyaha iyo boolalka
- Gasacadaha buufinta
- Maacuunta

La uruurista waa 8da isbuuc mar

Sidoo kale eeg www.sortere.no wixii macluumaad dheeraad ah



KARTOON/WARQAD

✓ HAA, MAHADSANID!

- Warqad, wargeysyo iyo xayaysiis
- Kartoonnada yaryar
- Kartoonnada caanaha/casiirka
- Kartoonnada baakadaha cuntada
- Warqadaha xafiiska, baqshadaha
- Tuwaalada waraaqaha ah iyo duubabka musqusha
- Kartoonnada cabitaanka
- Kartoonka ukunta
- Sanduuqyada pizza-da

✗ MAYA MAHADSANID!

- Tuwaalada waraaqaha ah iyo nabkinnada
- Warqad qoyan
- Warqada hadiyadaha oo dhalaalaya
- Koobabka iyo saxamanka kartoonka oo la isticmaalay
- Cartoon badan oo aan boos loo haynin weel ku jira, waa inaad geysaa goobta dib u warshadaynta.

NB! Duubka hadiyadda waxaa loo kala soocaa sidii qashinka haraaga ah, dib looma isticmaali karo

Si dabacsan ugu tuur qasacadaha!

La uruurista waa 4tii isbuuc mar oo lagu daro qaashinka caaga



QASHINKA HARAAGA AH

Wax kasta oo aan dib loo isticmaali karin ama aan la kala saari karin.

✓ HAA, MAHADSANID!

- Xafaayadda
- Dharka, kabaha
- Dhirta dheriga/ ubaxyada
- Alaabooyinka walxaha isku dhafan
- Qashinka bisadaha
- Bacaha eeyaha
- Jawaanno alwaax ah
- Warqada hadiyadaha lagu duubo oo dhalaalaya
- Baakad aad u wasakh badan

✗ MAYA MAHADSANID!

- Wax kasta oo dib loo isticmaali karo oo lagu kala saari karo halka laga keenay
 - Batariyada
 - Kiimikada
 - Qashinka elektarooniga ah
- Alaabada waaweyn waxaa la geeyaa soo qaabilka qashinka

La uruurista waa 2dii isbuuc mar oo lagu daro qaashinka cuntada



SAACADA 06.00

Gasacadaha loo soo bandhigay faaruqinta waa in ay hor yaaliin laga bilaabo saacada 06.00 haddii aad rabto inaad hubiso in la faaruqi doono.



5 MITIR

Maalinta faaruqinta, gasacadaha waa in la dhigaa meel ugu badnaan 5 mitir u jirta wadada dhinaceeda halkaas oo uu kaxeeyo qashin qubka si aanu u faaruqin.

HELITAAN

Gasacaduhu waa inay noqdaan kuwo si fudud loo heli karo. Haddii baraf jiro, waa in la majarafada, haddii uu simbiriiirixan yahayna waa in lagu rusheeyaa. Waddadu waa inay ahaataa mid ka madax bannaan dhir balac iyo joog dhan 4 mitir. Sidoo kale waa inaysan jirin meel ka badan 10 cm. Haddii aad rabto inaad u dhisto daas/guri daasadaha, ka eeg hagahayaga mareegaha.



KALA SOOCIDA SAXDA AH

Haddii ay jirto qashin si khaldan loo soocay oo ku jira daasadaha, lama faaruqi doono. Xasuusnoow in warqadaha/ kartoonnada iyo baakadaha dhalada/birta aan lagu rido bac. Caagagga waxaa lagu ururiyaa bacda dhalaalaya ee aad naga heshay, bacdana waa in la xidho. Caaga noocyada kale ee bacaha/ bacaha sidayaasha lama qaadan doono.